

# April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
	<b>1</b> Penny Ante April Fool's - Prank Around	<b>2</b> Children's Book Day (Bring a Fav Story) Musical Chairs	<b>3</b> Tae Bo Class Learn About Dandelions	<b>4</b> Walk Around Things - Outside Exercise Counting #s	<b>5</b> Clinic Day Free Choice Activities	<b>6</b> California Poppy Day 		
<b>7</b> No Housework Day 	<b>8</b> Peer Topic Zoo Lover's - Reveal Your Fav Animals	<b>9</b>  Around the Nation Lesson with Mrs. Rose - <b>South Dakota</b>	<b>10</b> Discover Winston Churchill Facts Sidewalk Chalk	<b>11</b> Yoga Class Barbershop Quartet Day - Record Music	<b>12</b> Swimming Group Free Choice Activities	<b>13</b> Scrabble Day 		
<b>14</b> Laughter Day 	<b>15</b> Parachute Circle Time Hear Facts about the Unsinkable Ship	<b>16</b>  Miracle League Baseball @ TBD (Wear Hill Hitters T-Shirt)	<b>17</b> Music Therapy Bat Appreciation Day - Draw Pics & Learn Fun Details	<b>18</b> Pre-Volunteer Recognition Day - Write Thank You Notes	<b>19</b> Swimming Group Free Choice Activities	<b>20</b> Husband Appreciation Day - Caregivers "Cash" in Your Respite for a Night Out		
<b>21</b> Easter Sunday 	<b>22</b> Count for Jelly Bean Day Listen to Books on Tape	<b>23</b>  Miracle League Baseball @ TBD (Wear Hill Hitters T-Shirt)	<b>24</b>  Money & Nutrition Groups Flash Cards	<b>25</b> Peer Topic Pre-Richter Scale Day - Quake Around	<b>26</b> Swimming Group Free Choice Activities	<b>27</b> Babe Ruth Day 		
<b>28</b> Poetry Day 	<b>29</b> Garden Visit for Greenery Day Time Telling	<b>30</b>  Miracle League Baseball @ TBD (Wear Hill Hitters T-Shirt)	<div style="background-color: #0070C0; color: white; padding: 10px; border-radius: 10px;"> <p>Why is the letter "A" like a flower? A BEE (B) COMES AFTER IT!</p> </div>					

Easter Seals  
Cardinal Hill  
Adult Day Health

Caregiver Support Group - Apr 10 from 5:00p-5:30p @ Adult Day  
**\*\*A presentation from Bailey Tipton (BSW Student) about "Burnout Prevention and Self-Care for Caregivers"**

