

We care for the ones you love.

Our daytime program provides supervised, structured activities for adults 18 years and older with disabilities and/or significant health issues.

**1900 Richmond Road
Lexington, KY 40502
(859) 399-6262**

<https://www.cardinalhill.org>

Hours of Operation:

Monday - Friday

7:30 am - 4:30 pm

For more information, please contact:

Dr. Lloyd Bonse at lloyd.bonse@eastersealsbg.org

Sharen Craft, RN at sharen.craft@eastersealsbg.org

Melissa Ames, CSW at melissa.ames@eastersealsbg.org

In compliance with Federal Food Program guidelines, the USDA is an equal opportunity provider and employer. We serve clients equally without regard to race, color, religion or national origin.



Adult Day Health





REQUIREMENTS FOR ADMISSION/PARTICIPATION:

Must be medically stable and not confined to bed.

Must demonstrate behavior that is acceptable in a group setting (no harm to self or others).

Must complete an extensive psychosocial and medical health assessment.

Prospective participants are encouraged to take advantage of a free half-day visit (approximately 4 hours).

ADULT DAY HEALTH focuses on maintaining or improving the health and functional status of a participant within the limits of his/her impairment and medical condition.

SERVICES AND SUPPORTS:

- Supervision from trained staff
- Personalized nursing care
- Opportunities for socialization
- Opportunities for physician ordered therapies
- Onsite social worker
- Balanced meals and snacks

DAILY & WEEKLY ACTIVITIES:

- Sporting Games
- Arts & Crafts
- Free Choice/Time
- Music Therapy
- Computer Training
- Holiday Parties
- Reality Orientation
- Motion & Movement
- Reading & Writing Groups
- Social Skills Lessons
- Word Games & Trivia
- Nutrition & Money Classes
- Frequent Community Outings



POTENTIAL FUNDING SOURCES:

Home and Community Based Waiver (HCB)

Michelle P. Waiver (MP)

Supports for Community Living Waiver (SCL)

Long-Term Care Policies

Private Pay